

DRESS TO LOOK THINNER

Inspired by the new book *How to Never Look Fat Again: Over 1,000 Ways to Dress Thinner—Without Dieting!* we did a makeover on LHI's food editor, Tara Bench, and asked author Charla Krupp to comment.



A voluminous top is mistake number one. Tara's waistline is MIA.

Tara is hiding out in this outfit, and her body is so much better than this!

These cuffed, baggy boyfriend jeans take inches off her legs.

Tara's belted V-neck sweater gives her a much sexier shape. Now you can see that she has a waist.

A skinny belt pulls the look together and takes it up a notch.

Slim-fitting dark jeans paired with heels slenderize and elongate Tara's bottom half and put all the attention on her pretty face.

MORE TIPS
See another instant-weight-loss makeover at LHI.com/skinny

Use Your CENSUS!

This month we're encouraging you to answer the 10 quick and easy questions on the census form you received in March as accurately as you can. **Your participation could help your community receive funds** for schools, hospitals and more. Make yourself count!

[PRODUCTS WE LOVE]



Good Eggs

Sales of these elegant Easter decorations benefit Asha Handicrafts, a fair-trade organization in India. Asha, which means "hope" in Sanskrit, works with artisans to provide medical care and improved working conditions as well as education for their kids.

Kashmir eggs, \$15 for three, and Spring Papier-Mâché eggs, \$12 for three; serrv.org

ladies always... take their daughters and sons to work on April 22.